

Criteria Based Exam to Assess Clients in Domestic Violence Perpetrator Treatment

research version, draft 12-01-01

by the **Pierce County Domestic Violence Intervention Council -- PC DVIC**

Client name	1	Exam for Phase 2, after at least 6 months.
Program start	2	Exam for Phase 3, after at least 9 months.
Exam date	3	CMR Exam: 'final,' Completed Minimum Requirements.

Score /68 = %, **Grade** = **Status:** **starts:**

I. Accepts responsibility	IV. Eliminating physical & emotional abuse
Ratings: 0 = no progress, 1 = some progress, 2 = good progress	

01	0 1 2	reduced blame		27	0 1 2	Remorse
02	0 1 2	reduced denial		28	0 1 2	Genuine concern for others
03	0 1 2	reduced minimization		29	0 1 2	Understands how they relate to others
04	0 1 2	reduced defensiveness		30	0 1 2	No new reports
05	0 1 2	admits guilt		31	0 1 2	Understands what victim safety means
06	0 1 2	acknowledges consequences		32	0 1 2	Survivors feel safer
07	0 1 2	shows empathy & remorse		33	0 1 2	Survivors say they & kids are safer
08	0 1 2	uses more "I" statements		34	0 1 2	Committed to peaceful behavior
total	/16	♥ Responsibility total score		total	/16	♥ Eliminating abuse total

II. Improved communication skills	Criteria for minimum requirement
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09	0 1 2	tolerates strong emotions in others		♥ I	Accepts responsibility
10	0 1 2	express self without scaring others		♥ II	Improved communications
11	0 1 2	assertive rather than aggressive		♥ III	Knows power & control and equality wheels
12	0 1 2	non threatening body language		♥ IV	Elimination of physical and emotional abuse

Exam Directions

13	0 1 2	understands own feelings & emotions		1	Circle the type of exam: P2, P3, or CMR.
14	0 1 2	can verbalize feelings and emotions		2	Rate each item for degree of progress.
15	0 1 2	can express needs and wants		3	Add the ratings and subtotal by criteria.
16	0 1 2	knows when to use time outs		4	Sum the subtotals. Enter score, %, and grade.
17	0 1 2	interrupts infrequently & properly		5	Passing = total score of 80% or better.
18	0 1 2	knows when to speak & be silent		6	A = 95 - 100%
19	0 1 2	knows rules of listening & speaking			B = 90 - 94%
20	0 1 2	effectively summarizes issues			C = 85 - 89%
21	0 1 2	knows the feedback model			D = 80 - 84%
total	/26	♥ Communications total score			Fail = 79% or lower.

III. Equality Power Control Wheel	
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22	0 1 2	can explain components of P & C wheel		7	Mark status, e.g. passed P2, P3, or CMR and the effective date when that status starts.
23	0 1 2	can explain elements of Equality wheel		8	Give client feedback on results of exam, how to improve next time & details of new status.
24	0 1 2	explain how their violence impacts kids			
25	0 1 2	explain how their violence impacts primary vic			
26	0 1 2	give examples from personal experiences		9.	Attach copy of one page Equality and Power & Control Wheel
total	/10	♥ Knows/uses wheels total score		<< end of exam by Pierce County DVIC >>	

Evaluator: x _____ Participant: x _____